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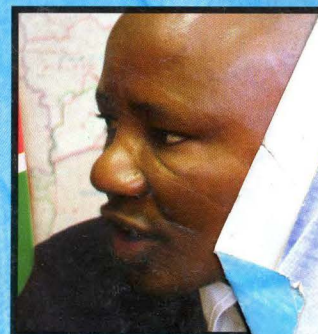
N A M I B I A

**Challenging attitudes,
changing lives**

**Sta-C Namases, director of
Special Olympics Namibia**

**Helena Ochurus
and the Estorff Kindergarten
in Damaraland**

**Are you a
feminist?
Minist
Kazenamb**



Sheena M...

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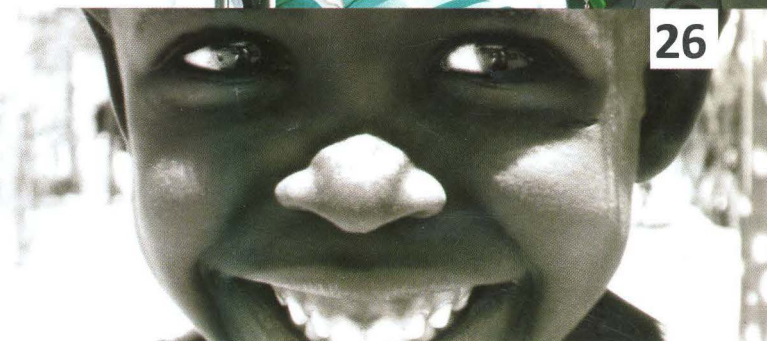
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Kay Cowley

Fertility and Abundance

In September 2010, a mixed media exhibition was held at Studio 77, Windhoek, called "Images of Fertility and Abundance". The artist, Kay Cowley, is celebrating the female form by exploring the concept of 'fertility' through different media: 'fertility figurines', stone carvings, linocuts, sand and oil pastel mandalas in chakra colours, and oil paintings.

Kate emphasizes the need for spirituality in a society obsessed with consumer goods and materialism. "Abundance is the result of





fertility. We should show wisdom in the fertility and abundance that we choose to generate, also in what we choose to enshrine with fertile and abundant thoughts. Choosing abundance in the form of consumerism and material culture will endanger the fertility of our natural world, unless we choose to re-establish a symbiotic relationship with our planet."

